



Anna S. Tzortzi MD, FCCP  
PNEUMONOLOGIST

## STUDIES

**Medical Degree:** Aristotle University of Thessaloniki (1985)

**Medical Specialty:** Athens Chest Disease Hospital «SOTIRIA» (1986-1990)

## CURRENT POSITION

**PNEUMON CENTER** Founder, Director, Pulmonologist

Pulmonology clinic and Lung Function Laboratory

**Smokefreegreece** Initiative-scientific and educational associate

## PREVIOUS EMPLOYMENT

**2011 – 2022**

**George D.Behrakis RESEARCH LAB - Hellenic Cancer Society , Scientific Director**

**2015 – 2022**

**Institute of Public Health -The American College of Greece, Associate Director**

**2007 – 2017**

**Athens Medical Center:** Consultant Pulmonologist, Respiratory Department

**2003 – 2007**

**Henry Dunant Hospital:** Consultant Pulmonologist, Respiratory Department

**1993 – 2001**

**Private Practice:** in Pulmonology, Aghios Nikolaos-Crete

**1991 – 1993**

**General Hospital -Aghios Nikolaos, Crete:** Consultant Pulmonologist, Respiratory Department,

**1986 – 1990**

**Athens Chest Disease Hospital «SOTIRIA»:** specialization in pulmonary medicine



## CLINICAL- SCIENTIFIC - RESEARCH WORK

**Lung function tests:** in a clinical and research setting, according to international scientific guidelines (ATS-ERS) and ISO 9001:2015 – Quality management systems - Requirements

- Spirometry, Flow-Volume Loop
- Body Plethysmography
  - Static Lung Volumes and Airway Resistance measurements
  - Nitrogen washout
  - Diffusion Capacity (DLCO)
  - Respiratory Muscle Strength
  - Control of Breathing
- Exhaled Nitrogen Oxide
- Impulse Oscillometry
- Exhaled Breath Condensate

### Institute of Public Health -The American College of Greece:

- Conception, organization, and coordination of **7 yearly series of Lectures on Public Health Topics, in total 56 Lectures, delivered by experts**
- **Presentations:**
  - 2016**, (Mitera Hospital Athens), ***Smoking : a global Public health Risk***
  - 2017**, Institute of Public Health-ACG, ***Influenza Vaccination: where do we stand in Greece***
  - 2018**, Institute of Public Health-ACG, ***Vaccination Hesitancy: Trend or Regression?***
  - 2022**, Mitera Hospital Athens, ***Tob.g: Smoking Cessation in pregnancy - Training of Gynecologists & Midwives***

### Publications

- 77 manuscripts in international journals such as Respiriology, Environmental Research, International Journal of Environmental Research and Public Health
- >800 citations, [ResearchGate](#) | [Google Scholar](#) | [Academia.edu](#)
- Peer Reviewer:
  - **MDPI JOURNALS** : Medicina, International Journal of Environmental Research and Public Health, Diagnostics, Journal of Clinical Medicine, Toxics
  - **HINDAWI** : PLOS Journal
  - **ELSEVIER** : Environmental Research



### **Publications** *(Continue from previous page)*

- English to Greek translation and book editing:
  - Respiratory Physiology: The Essentials (by John B. West)
  - Respiratory Physiology: A Clinical Approach (by Richard M. Schwartzstein, Michael J. Parker)
  - Respiratory Medicine (By Colin Selby)

### **European Projects**

- **Tack-SHS:** principal investigator for the study “Clinical impact of passive exposure to e-cigarettes emissions on the respiratory system”
- **Joint Action on Tobacco Control:** associate coordinator

### **Educational work in the context of the SMOKE FREE GREECE Initiative**

- Interventional seminars to train healthcare professionals and teachers for tobacco prevention in the school community
- Author of 2 chapters in the book “Education for a SMOKEFREE Generation:

### **MEMBER**

- Athens Medical Association
- Hellenic Thoracic Society
- Hellenic Cancer Society
- Smoke Free Greece Initiative (Scientific & Educational associate)
- American College of Chest Physicians (ACCP Fellow)
- European Respiratory Society

### **SOCIAL WORK - VOLUNTEERING**

- **APOSTOLI** Volunteer pulmonologist at the Social Medical Clinic , which operates under the initiative and collaboration of the Athens Medical Society and the Archdiocese of Athens
- **SIMPLEFSI:** Aims to support and improve the living standards of residents of the remote Greek islands. I offer pulmonology clinic, lung function testing specialist and tobacco prevention at each destination.
- **ANIMAL WELFARE** activities